## IN THE CLAIMS:

- 1 8. (CANCELLED)
- 9. (CURRENTLY AMENDED) A method of increasing the blood count of a subject in a synergistic manner, especially a subject going through a chemotherapy treatment, by orally administering the subject with red beet-based composition comprising:
  - dry red beet extract; and
  - dry Astragalus membranaceus Astragalus membranaceus extract.
- 10. (CURRENTLY AMENDED) A method of increasing the blood count of a subject in a synergistic manner, especially a subject going through a chemotherapy treatment, by orally administering the subject with red beet-based composition comprising:

dry red beet extract; and

dry withania somniferum Withania somniferum extract.

- 11. (CANCELLED)
- 12. (CANCELLED)
- 13. (NEW) A method of increasing blood count of a subject in a synergistic manner, especially a subject going through a chemotherapy treatment, by orally administering the subject with red beet-based composition comprising:
  - dry red beet extract;
  - dry Astragalus membranaceus extract; and
  - dry Withania somniferum extract.